

# Myrtleford MAGPIE



MYRTLEFORD & DISTRICT NEWSLETTER  
UNIVERSITY OF THE THIRD AGE

## Welcome to the January 2022 edition of *Myrtleford Magpie* – #41

### From the President

On behalf of the U3A committee I want to wish you all a healthy and safe 2022. Unfortunately the year has not started out as we had hoped and COVID is amongst us.

The committee has developed a program for Term 1, which is attached to this newsletter. We are hoping it will go ahead as planned but may be frustrated with new and different COVID restrictions. Until you are notified of any changes, you can assume the activities will go ahead as on the program.

I encourage you all to get a booster vaccine and a COVID test if you experience any symptoms suggesting a COVID infection. Contact your doctor and/or pharmacy for an appointment to get a booster or call the **COVID Hotline on 1800 675 398**.

You can get the PCR test for COVID at the following places:

**Myrtleford Hospital**, Wednesday to Sunday, 7.30-9.30am

**Bright Hospital**, every day of the week, 7.30-9.30am  
and **Mount Beauty Hospital**, Monday to Saturday, 9.00-10.30am.

On a brighter note the committee has endeavoured to present as varied a program as possible.

If you have any other ideas for activities please let us know and we will do our best to organise it.

I hope we will be able to catch up on Sunday April 3 for a lunch at the Happy Valley Hotel, Ovens - come for a chat and a laugh and meet new people.

### Nino Mautone

(President, U3A Myrtleford and District Inc.)  
Mob: 0409 216 712

### Bus Trip to Falls Creek

Bus trips are becoming a regular feature of our program and Malcolm has already planned 2 more trips to go to **Falls Creek**.

The dates for this trip are:

Monday 31 January  
and Friday 4 February.

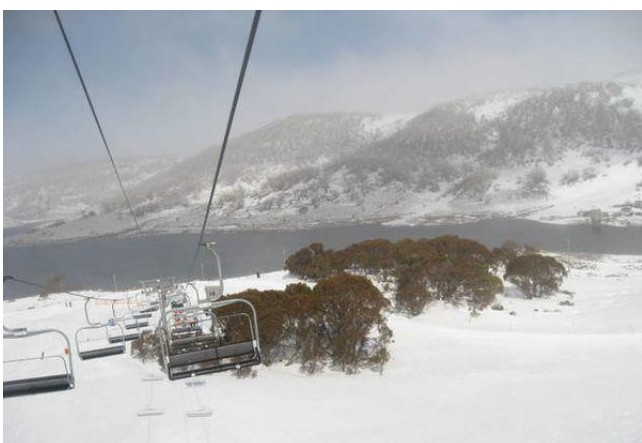
The itinerary:

- Depart Myrtleford 8.30 am
  - Morning tea stop Mt Beauty
  - Visit to Bogong village
  - Drive through Falls Creek village
  - Drive around Rocky Valley Dam to Wallace's Hut walking track with option of short walk to hut.
  - Return via Tawonga Gap.
  - Home around 5.00pm
- BYO lunch.

Cost \$30 per person  
The bus for each trip will be a 13 seater bus for maximum comfort.  
You can enrol for one of these trips now on the website.



**Bogong Village**



**Rocky Valley Dam in the winter**

## **Wangaratta Performing Arts Centre (WPAC)**

There are 2 performances advertised at the WPAC for term 1 that maybe of interest to some of you.

They are:

- The Travelling Wilburys Session, Thursday 17 February at 7.30. Cost \$ 65
- A Taste of Ireland, Saturday 5 March, 7.30pm. Cost \$69.90 (group of 10+ \$64.90)

Both of these performances will be listed on our website. **If you are interested please enrol but do not pay yet.** If there is enough interest we will book

The performance we were to go to last year, The Robertson Brothers is scheduled for September this year.

## **Coffee Speaker**

The next speaker for our monthly coffee afternoons is John Simpson and maybe his wife, Helen.

In early 2020 they visited Ethiopia (just prior to the pandemic). Africa is a part of the world Australians tend not to be too familiar with so this should be a very interesting and informative presentation.

Date: Friday February 11, 2.30pm.

Venue: Myrtleford Lawn Tennis Clubrooms.



## **For 2022**

1. **Remember** you must re-enrol in any ongoing classes. Your enrolment from 2021 will NOT be rolled over to 2022. This includes all activities
2. **Membership fees** for 2022 are payable from 1 January 2022.

Fees are:

Full Member \$30 per year

Associate members \$5 per year (To be an associate you must be a full financial member of another U3A organisation).

Your membership subscription can be paid online into the U3A bank account, or at any branch/agency of the Bendigo Bank. The account details are:

Account Name: U3A Myrtleford and District Inc.

BSB: 633 000

Account number: 161859533

## **Please Reference: Your name.**

The Community Bendigo Bank agency in Myrtleford is in the Myrtleford Real Estate office (next door to Chakra Coffee).

You may also pay by cheque made out to U3A Myrtleford and District Inc, and mailed to PO Box 84, Myrtleford 3736. Ensure your name is recorded on the cheque, to match the payment with your membership. This newsletter and program will be sent to all members from 2021, but moving on into February all information will only go to current members.

### 3. Changes to Personal Details on Website

If your personal details (phone number, address etc) change, please remember to update the website. If you have difficulty doing this, give Yvonne Tabalotny a call and she will make the changes.  
Yvonne Tabalotny Mob: 0468 482971

### Reminder

**It is really important that you reference any deposit you make with your name and specify if it is for membership or an activity.**

**We have 3 deposits for membership that have not been referenced. The dates of these deposits are:**

**26 October (WAW), 6 December (WAW at 6.28pm) and 12 January.**

### Volunteer Grant

Our U3A has been successful in obtaining a grant from the Federal Government, for equipment to make our activities and courses easier to organise and to provide a better outcome.

The grant is worth \$4940.00.

The committee have a few ideas as to how to spend some of the money but we would like to hear from you. If you have any suggestions, please let us know.

Thanks go to John Twyford for his work in applying for this grant. A very successful outcome.

### Book Exchange

Don't forget the book exchange in the meeting room at the Myrtleford Senior Citizens Centre. The books are there for you to read and if you

have surplus books at home, please put them on the shelves for others to read.

### Helpful Hints/Information

#### • Cabbage Moths

Wormwood, thyme, marigolds, tomatoes, tansy and peppermint are all believed to help keep the cabbage worms away. You can also use companion plants like buckwheat and yarrow to attract beneficial insects to fight the cabbage worms for you.

#### • Coffee Grounds

☛ Coffee grounds are good repellents against cats, which often enjoy using gardens as a litter box.

☛ You can also use leftover diluted coffee as fertiliser.

☛ It can also keep pests like slugs and snails away.

☛ They're very good for earth worms.

☛ Coffee grounds are highly acidic, they note, so they should be reserved for acid-loving plants like azaleas and blueberries. And if your soil is already high in nitrogen, the extra boost from coffee grounds could stunt the growth of fruits and flowers.

#### • Composting Teabags

You can add tea bags to your compost bin or garden — with an important caveat. Before composting your tea bags, it is important to ensure that they are made from biodegradable materials. An estimated 20-30% of tea bags on the market are composed of polypropylene, which is not compostable.

### Borrowing U3A Equipment

If anyone would like to borrow any items that U3A own, the committee requires a minimum of 2 days notice. This will give the committee time to organise the borrowing.

In the event that no-one is available to open the MSCC the proposed borrowing cannot go ahead. All items borrowed must be returned by the nominated date.