
Myrtleford MAGPIE



MYRTLEFORD & DISTRICT NEWSLETTER
UNIVERSITY OF THE THIRD AGE

Welcome to the June 2021 edition of Myrtleford Magpie – #34

From the President

Keeping warm, healthy and connected.

It is vital that seniors stay connected during the colder months of the year which we know can be a lonely time for some people – even during holiday periods. The pandemic has reminded many of us of the benefits of looking out for each other. It's possibly never been more important to maintain our connections with each other, than in this period.

It is good to hear some of the stories coming through where people in our community are checking on the needs of their parents, friends and neighbours to have a chat, run an errand or lend a hand in some other way. If you know of someone who may need help with anything, please - if you are able; 'don't be backward in coming forward' (as my mother used to say) in reaching out to them in some way. The program that we have prepared for Term 3 is equally exciting and varied as for Term 2, with new courses like 'line dancing' and 'welding for beginners' on offer. Enrolling in any of these activities will certainly help you stay connected (and hopefully healthy and warm as well).

Please keep these ideas coming and your offers to lead activities - remembering that this is a self-run organisation.

Our AED is now installed and registered. On Monday 28 June, we had a small event at the entry to the Myrtleford Senior Citizens Centre where we thanked those organisations instrumental in funding and/or supporting its purchase. On your behalf, we thanked the Alpine Shire Council for making available most of the costs of the unit through the annual Community Grants Program. Alpine Health also made a significant donation towards the cost and the Bendigo Bank then provided additional monies for the life-saving unit to made 24-hour accessible. Their support is much appreciated. Finally, Ambulance Victoria provided valuable advice in the device selection process and how to register it with '000'. We thank all organisations for their respective inputs. Although the defibrillator is fully automated and gives instructions to users at the time of an emergency, we are arranging training sessions in its use.

Please enjoy this edition of the Myrtleford Magpie and as always, I look forward to seeing you 'round the traps'.

John Twyford
(President, U3A Myrtleford and District Inc.)

Term 3 Program

New Program

Attached to this newsletter is the program for term 3. There are a few new activities and most of the programs that were listed last term.

We can have **Christmas in July** again, assuming COVID does not get in the way. We have booked Club Savoy for lunch on Sunday 25 July at 12 noon. The cost will be \$28 per head. We hope you can come and enjoy each other's company. Please register on the website.

For some fun and a trip down memory lane, we are proposing a trip to **Wangaratta Performing Arts Centre** for a concert on Friday 3 September. If we have enough people interested, we will organise a bus and a pizza before the concert which starts at 8pm. The concert will cost \$65 (Concession and/or group fee). Please register by mid-July, if you are interested in going.

We are also experimenting with a course in **welding**. As this is something very new for us, we are limiting the number of participants to 2 but if you are interested and miss out on getting in, please register online so can then assess the interest and plan for further classes.

Other new classes include **Line dancing for beginners**, a drawing class '**Drawing on the right side of the brain**', a **bus trip to Beechworth and Bonegilla**, **tours of Red Ramia's shop** and **Italian card games**.

You can sign up to any of these courses by going to the website www.u3amyrtleford.org.au or by contacting Yvonne Tabalotny (Mob: 0468 482 971) or Jan Mock (Mob: 0401 064 030)

To all of our card players and 'would be card players' – the card game 500 is often played on a Tuesday morning at the Games session. Anyone

who wants a game is welcome and anyone wanting to learn is welcome. It is a great game.

Coffee/speaker

Steve Bekker will be our next speaker. Steve has been booked for this talk on 2 previous occasions, but life has got in the way both times and we could not go ahead. I am hoping it will be third time lucky.

Steve will talk on "My Life in Aviation". Among many of his experiences, is one of being a Roulette Pilot.

I hope you will come along and hear his stories.

This event will be held on **July 9 at 2.30pm at the Myrtleford Lawn Tennis Clubrooms**



Tribute to an artist Roslyn Bruncher

When we hear the term 'artist', our thoughts may turn to someone standing before a canvas, paint brush in hand. Or we may think of a musician using their voice or another instrument to demonstrate their talent.

In our local U3A, we have one such artist. But her instruments are needles, thread and material, and a creative mind.

She is Roslyn Bruncher, who is unfailingly cheerful and smiling.

Ros was born in Hampshire, England, and was introduced to embroidery at about 8 years of age. She subsequently became a Registered Nurse, and then a Midwife. She ended up coming to

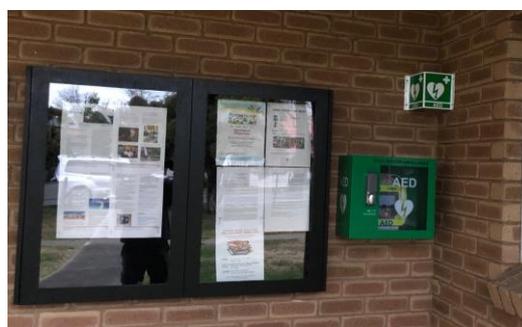
Australia with some friends. When she first saw the French man, who was to become her husband, she said to a friend "There's the man I am going to marry." They married 6 weeks later, on 1 January 1962- a date hard for her husband to forget.

Once their children went to school, Ros found the time to return to the craft she loved. She became a member of the Embroiderer's Guild of Australia to hone her skills.

You can find Ros on a Thursday afternoon at the MSCC with Eileen Giles at the card making and embroidery class. Both Ros and Eileen are only too happy to share their skills.



L to R: John Twyford (U3A), Bev Hackett (U3A), Mark Ditchum (Bendigo Bank), Mayor John Forsyth (ASC) and Mandy Barter (Alpine Health).



Photos from Interesting Places and Structures..

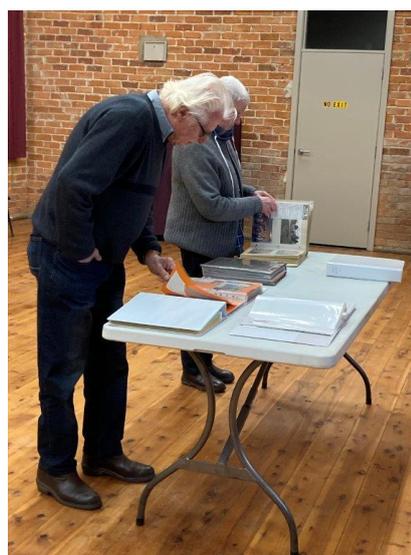
The last trip in this series of visits to interesting places was to Happy Valley Hall at Rosewhite and a visit to Simon Pankhurst's forge on Brownes Lane.

Our AED (Automated External Defibrillator)

We are very proud to inform you that the Myrtleford Senior Citizens Centre now has a defibrillator installed on the external wall of the building to the right-hand side of the new noticeboard.

This defibrillator can be used 24 hours a day by anyone who needs it.

Many thanks to Bev Hackett, Judy Pitts and John Twyford from our U3A for initiating this project and seeing it to completion.



Looking at historical records Happy Valley Hall.



The gas forge



Simon in the forge.

Mr Blades in his mobile workshop offered his services of sharpening all cutting equipment. He was very busy for the morning, charging very reasonable prices for his services. He will be invited back every year!!!

A discussion about flowers which were flowering in the gardens and what was on the display table was very interesting.

A flower arranging demonstration by Pat Easterbrook and Barb Rayner was a highlight. Different styles of arrangement were created, some more traditional, some using mostly native elements and others reflecting Japanese styles.

Many thanks to Pat and Barb who made it look so deceptively easy. Thanks to Club Savoy for the venue and everyone who came to the morning.

.....and the Local History course.



Our local history gurus, John Taylor, OAM, and Chris Wicks and the Old School Museum (below)



.....and The Gardening Club

“Gardening Tools, Seasonal Flowers, and Flower Arranging.”

The garden group met on June 25th at the Club Savoy for their monthly activity, The morning began with a ‘show and tell’ of garden tools that made gardening easier for us particularly as we age. On display were battery operated chainsaws, battery operated trimming tools and a range of pruning equipment.



Pat Easterbrook and Barb Rayner about to create some magic.