

# Myrtleford MAGPIE



MYRTLEFORD & DISTRICT NEWSLETTER  
UNIVERSITY OF THE THIRD AGE

## Welcome to the April 2019 edition of Myrtleford Magpie – # 15

### From the President

Term 1 has seen many courses being offered and Term 2 is ready to go. A complete list of all courses on offer for term 2 was in last weeks local paper and is available on our website.

Again I encourage you to sign up and don't wait for "next time". If courses are not supported they will most likely not be offered again.

We have 112 members this year which is very heartening. We would have to be one of the biggest organisations in Myrtleford.

We have an important dinner on Sunday April 28 at Club Savoy. I would like to encourage all members to come to this dinner with your family and friends. This dinner is a special monthly dinner that the Club Savoy put on where they donate to the allocated club or organisation, from the proceeds of the night– the more who attend the dinner the greater the donation for our U3A. The cost of the dinner is \$30 for non-members of Club Savoy and \$25 for members. Have you thought about becoming a member of Club Savoy?

We were happy to welcome Marie Williams at the coffee afternoon on 5 April. Marie talked about the Healthy and Wise course that she with

Alpine Health are offering starting May 7. This course covers most things an older person needs to know about, to age well – legal matters, diet, exercise, mental health, memory, physiotherapy etc. Unfortunately, very few people attended which was disappointing, especially as Marie had a lot of good things to share with the group. I recommend you think about doing this course. I also hope more of our members will support these coffee/speaker afternoons.

Nino Mautone  
(President, U3A Myrtleford and District Inc.)

### Next Coffee/Speaker Afternoon 3 May, 2.00pm

Rob Syer, OAM, will be our next guest at the coffee/speaker afternoon on Friday 3 May at the Myrtleford Lawn Tennis Clubrooms. Rob's talk is titled "**Think Outside of the Square**" and from some of his achievements that is exactly what Rob does.

Rob received a Certificate of Outstanding Service (1982) and a Bicentennial Award (1988) and was awarded the Order of Australia (OAM) in 1988 for services to the RAAF.

After leaving the RAAF in 1990, he was appointed Director of Mackay Adventure Recreation Centre at Kurrajong in the Blue Mountains of NSW. The Centre is the outdoor education facility of the NSW Police & Community Youth Club movement and Rob developed the Centre to provide outdoor experiential training, personnel development and recreational activities for all sectors of the wider community. Rob was awarded a Certificate of Dedicated Service for his tenure.

In 2004, he moved to Benalla and worked as the Student Community Development Officer for the three Government Primary Schools in Benalla for six years. Developed and conducted the KidFit Self Learning Program for children and Cycling & Bike Bank program which won the National Award for schools.



Do you remember years ago, the Air Force lost 3 F18 Bombers because they crashed for no apparent reason? Rob was part of the team to find out why this happened and they were charged with finding a solution to stop it happening again – the team was successful.

During the afternoon Rob will be talking about:

- The F18 Project
- The Chernobyl Project
- KidFit Self Learning Program

I can guarantee this talk will be fascinating - come along and hear this talk.

## Courses for 2019

### Term 2

#### Queen Victoria

The course on Queen Victoria was very well received and it even got extended past the original plan.

Yvonne Ward is now offering a 3 week course on Prince Albert, Queen Victoria's husband. This course will run in June. Please enrol via the website or call Jan Mock (0401 064 030) if you need help to do this.

#### Local History

Another favourite from last year is back for Term 2. John Taylor and Chris Wicks are hosting another local history course – if you would like to better understand the history of Myrtleford I strongly recommend this course. John and Chris know their history – you will not be disappointed.

### From Term 1

#### Tour of Old Beechworth Gaol

In late March members went to Beechworth for a Tour of the Old Beechworth Gaol.

If you missed this tour it is a really interesting thing to do – the history is amazing and the conditions the prisoners had to endure may well surprise you. I think I would have been very law abiding in those days – gaol would not have been fun.



The Guard's tower looking down into the exercise yard.



Inside the cell block.

### **Food Glorious Food**

We had a great session with Jessie, who taught us how to make lasagne. Lasagne in my house will be greatly improved in future.

Thanks Jessie we all learnt a lot and had fun doing it.



### **Newsletters**

From the beginning of July, extra newsletters will be left at the Myrtleford Library and Visitor Information Centre for people without email to pick up. Newsletters will no longer be sent out in the post from the beginning of July. The committee will endeavour to have the monthly newsletter printed and available during the last week of the month.

Copies of the newsletter will also be available at the Standish Street Clinic and Gateway Health.

### **Project to document the Italian Migration to Myrtleford**

The aim of this project is to produce a publication documenting the Italian migration to Myrtleford and launch it at La Fierra in May 2020.

A team of interested people have started conducting interviews with families who want to share their stories. It is a great privilege to hear these stories and to learn of the hardship many families went through in order to reach Australia and to establish themselves here.

### **Computer Opportunities with Myrtleford Neighbourhood House**

The Neighbourhood Centre is offering the following courses.

If you are interested in joining any of them or have some questions about the courses, please phone 5752 2775.

#### **Beginners computer course**

Learn about keyboard functions, internet searches, the functions of your computer, file management and navigation of Windows 10.

#### **Intermediate computer course**

Covers Microsoft Word basics, using a free email account, file management, Power Point, and use of the internet.

#### **Excel computer course**

Learn about the following aspects of Excel: spreadsheets, formulas, tables and charts, templates, filters and much, much more.

### **Attention all Spinners and Weavers**

WOOL DAY at Milawa Hall is on Saturday April 27 from 10-4pm.

Spinners and weavers will be selling their wares and demonstrating their skills.

All sorts of woolly things.

### **Christmas in July**

This will be on again – date Wednesday 24 July.

Can you let Jan Mock know if you would prefer lunch or dinner? (0401 064 030)



**BRIGHT GARDEN CLUB PRESENTS**

**AN EVENING WITH JANE EDMANSON**

well known and loved  
**Presenter on ABC TV Gardening Australia**

**Horticulturalist,  
Author, Tour Host  
and Radio Presenter**

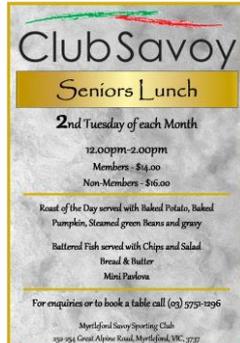
**Jane will talk on varied topics – including frost and drought resistant planting and a visual presentation of water-wise Melton Botanic Gardens, composting, her recent travels to Bhutan and a Q & A following.**

**TUESDAY 30TH  
APRIL at 7.30pm**

**BRIGHT SENIOR CITIZENS HALL,  
Cobden St, Bright**

**\$10 inc Supper, and plant lists  
NO BOOKINGS NECESSARY  
Sponsored by Alpine Shire**

Don't forget Seniors Lunch at Club Savoy on the second Tuesday of the month.



**Club Savoy**  
**Seniors Lunch**  
2nd Tuesday of each Month  
12.00pm-2.00pm  
Members - \$14.00  
Non-Members - \$16.00  
Roast of the Day served with Baked Potatoes, Baked Pumpkin, Steamed green Beans and gravy  
Battered Fish served with Chips and Salad  
Bread & Butter  
Mini Parcels  
For enquiries or to book a table call (03) 5739-1936  
Myrtleford Savoy Sporting Club  
120-124 Great Alpine Road, Myrtleford, VIC 3722